

Ken Bennett, LCSW, CART-

Ken served four years as a Parachute Rigger with the 101st Airborne Division with the United States Army and received an honorable discharge. Ken has earned a Bachelor of Arts in Psychology and a Masters of Science in Social Work. Ken is a Licensed Clinical Social Worker through the Texas State Board of Social Worker Examiners and a Certified Anger Resolution Therapist.

Ken currently works as a crisis interventionist and serves as a liaison between law enforcement and the chronically mentally ill. Ken is a hostage negotiator for several police departments in Tarrant County. Ken is trainer at the Fort Worth Police Academy and provides Crisis Intervention Training, Mental Health Peace Officer Training, Hostage Negotiation Trainings, and other specialized trainings to several police departments. Ken has experience working with chronically mentally ill adults who have been diagnosed with Bipolar Disorder, Schizophrenia, and Major Depression. Ken also teaches batterers intervention groups for domestic violence offenders and specializes in working with clients with anger management issues. Ken has previously worked in education and taught children with special needs including Mental Retardation and Down Syndrome.

Ken is currently in private practice, Mid Cities Center for Change, where he works as a psychotherapist. Ken is a member of the Texas Association of Hostage Negotiators. Ken has published a domestic violence intervention in: Strength-Based Batterer Intervention, a book by Peter Lehmann and Catherine A. Simmons, CIT article in the Texas State Police Journal in 2009, and a Law Liaison Article in the National Council Magazine in 2010. Ken was selected to co-present with the Hurst Police Chief at the Center for Mental Health Services National GAINS Center Conference in Orlando, Florida and at the Texas Council of Community Center's Conference.